

RULES OF PLAY

- ✓ All games shall be played in accordance with the laws of the game of Association Football as laid down by FIFA, except where those laws permit variations to occur due to local conditions.
- ✓ Note 1: The offside rule shall not apply, but a player seeking to gain an advantage by deliberately standing blatantly and continuously offside or making no effort to return onside shall be penalised for 'loitering'.
Note 2: For matches in Divisions 8/9 and 10+ goalkeepers shall not kick the ball past half way on the full. Infringements will result in an indirect free kick being awarded to the opposing team where the ball crossed the half way line.
- ✓ Matches in Divisions K/1 & 2/3 are conducted as friendly games (not competitive) but are still played broadly according to the FIFA laws. Modifications approved by Capital Football encourage the referee to act as game leader, emphasize fair play and discourage practices that give a team an unfair advantage.

Shin pads and footwear must be worn.

Goal kicks may be taken from anywhere inside the goal area (i.e. from within a 12m radius of the centre of the goal line).

Corner kicks are to be taken from the corner area (i.e. within a 1 yard radius of the corner of the pitch).

Penalty kicks will not be given and all free kicks are indirect.

All free kicks awarded inside the goal area are to be taken with the ball placed 12 metres from the centre of the goal line at the point nearest to where the offence occurred.

The offside rule will not apply, but a player marking or obstructing the opposing goalkeeper shall be penalised by an indirect free kick taken from the centre of the arc of the goal area.

Whenever the goalkeeper is in possession of the ball or when a goal kick or free kick to the defending team has been awarded, the opposing team shall retire to halfway.

A goal shall not be awarded in the K/1 & 2/3 Divisions if the goalkeeper crosses over the goal line carrying the ball.

Unlimited interchanges are permitted, so long as they do not interfere with the game.

PLAY & HAVE FUN!