

## ACT Northside Clubs Small Sided Games Rules

Inter-club games between Belsouth, Belwest, Gungahlin, Radford and Yass for U7, U8 and U9's are played according to the FIFA Laws of the Game with the following rule modifications, unless otherwise specified. The U10-U12 SSG rules in the table below are from Capital Football and are for information purposes only.

	Under 7 & 8	Under 9	Under 10	Under 11 & 12
<b>Field Sizes</b>	30m x 20m	40m x 30m	40m x 30m	60m x 40m
<b>Field Markings</b>	Markers or painted lines	Markers or painted lines	Markers or painted lines	Markers or painted lines
<b>Goal Size</b>	1.3m x 0.7m (min) 2.0m x 1.0m (max)	3.6m x 1.6m (min) 5.0m x 2.0m (max)	3.6m x 1.6m (min) 5.0m x 2.0m (max)	4.8m x 1.6m (min) 5.0m x 2.0m (max)
<b>Goal Type</b>	Marker, Poles, Goals	Marker, Poles, Goals	Marker, Poles, Goals	Marker, Poles, Goals
<b>Goal Area</b>	Not required	Not required	Not required	Not required
<b>Penalty Area</b>	Not required	8m long x 16m wide	8m long x 16m wide	8m long x 16m wide
<b>Centre Circle</b>	4.5m radius	4.5m radius	4.5m radius	4.5m radius
<b>No. of Players</b>	5 max, 4 min	7 max, 5 min	7 max, 5 min	9 max, 7 min
<b>Goalkeeper<sup>2&amp;3</sup></b>	NO	YES, must throw or roll the ball to release it, or play it on the ground with their feet. When the goalkeeper has possession of the ball the opposition must retire 4.5 metres. A goalkeeper has possession of the ball if they have placed it on the ground inside the penalty area, ready to kick it into play.	YES, must throw or roll the ball to release it, or play it on the ground with their feet.	YES, must throw or roll the ball to release it, or play it on the ground with their feet
<b>On Field Coaches</b>	NO	N/A	N/A	N/A
<b>Interchange</b>	Unlimited, from near halfway, any time during play	Unlimited, from near halfway, any time during play	Unlimited, from near halfway, any time during play	Unlimited, from near halfway, any time during play
<b>Game Duration</b>	U7 - 2 x 15 minutes U8 - 2 x 20 minutes	2 x 20 minutes	2 x 25 minutes	2 x 30 minutes
<b>Half Time Break</b>	5 minutes (max)	5 minutes (max)	5 minutes (max)	5 minutes (max)
<b>Ball Size</b>	Size 3	Size 3	Size 3	Size 4
<b>Match Cards</b>	Not Required	Not Required	Not Required	Not Required
<b>Numbered Shirts</b>	Not Required	Not Required	Not Required	Not Required
<b>Offside</b>	No offside - Consistent with the Game Leader concept, the referee will encourage fair play and discourage practices which give a team an unfair advantage. Such practices include placing attackers in front of unguarded goals or defenders in walls in front of goals, players being blatantly and consistently between the goal and the last defender or using quasi-goalkeepers.  The referee will have the discretion to award an indirect free kick.	No offside - Consistent with the Game Leader concept, the referee will encourage fair play and discourage practices which give a team an unfair advantage. Such practices include players being blatantly and consistently between the goal and the last defender.  The referee will have the discretion to award an indirect free kick.	No offside	No offside
<b>Free Kicks</b>	Indirect	Indirect except penalty kicks	Indirect except penalty kicks	Indirect except penalty kicks
<b>Restarts for a free kick<sup>4</sup></b>	Opposition to retire 4.5m from the ball	Opposition to retire 4.5m from the ball	Opposition to retire 4.5m from the ball	Opposition to retire 4.5m from the ball
<b>Penalty Kicks<sup>5</sup></b>	NO	YES : from 8m directly in front of goal. All other players to be outside the penalty area and 4.5m from the ball.	YES : from 8m directly in front of goal. All other players to be outside the penalty area and 4.5m from the ball.	YES : from 8m directly in front of goal. All other players to be outside the penalty area and 4.5m from the ball.

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Slide Tackles	NO	NO	Apply LOTG	Apply LOTG
	Under 7 & 8	Under 9	Under 10	Under 11 & 12
<b>Goals</b>	For a goal to be awarded following any restart of play the ball must touch another player of the same team before entering the goal. A goal will not be awarded if a kick from the attacker's half has not touched a second player of the same team before entering the goal.	For a goal to be awarded following any restart of play (other than for a penalty kick) the ball must touch another player of the same team before entering the goal. A goal will not be awarded if a kick from the attacker's half has not touched a second player of the same team before entering the goal.	Apply LOTG	Apply LOTG
<b>Kick-off</b>	From centre, must pass the ball, cannot score directly from a kick-off	From centre, must pass the ball, cannot score directly from a kick-off	From centre, must pass the ball, cannot score directly from a kick-off	From centre, must pass the ball, cannot score directly from a kick-off
<b>Goal kicks</b>	From goal line, may kick pass or dribble the ball, opposition to retire to the halfway line	From anywhere in penalty area, cannot touch twice, opposition retires 4.5m	From anywhere in penalty area, cannot touch twice, opposition retires 4.5m	From anywhere in penalty area, cannot touch twice, opposition retires 4.5m
<b>Corner kicks</b>	From near the corner opposition to retire 4.5m from ball	From near the corner opposition to retire 4.5m from ball	From near the corner opposition to retire 4.5m from ball	From near the corner opposition to retire 4.5m from ball
<b>Throw-In's Kick-In's</b>	Players may use a throw-in or a kick-in to return the ball to play. Both should be taken from behind the side line with the opposition retiring 4.5m. After the second throw-in attempt play will continue.	Ball will be Thrown-In Two attempts by player	Two attempts by player	One attempt only
<b>Misconduct – minor offence</b>	Have the coach talk to the player off the field about the infringement, the player may be replaced.	Have the coach talk to the player off the field about the infringement. The player may be replaced	Have the coach talk to the player off the field about the infringement. The player may be replaced	Have the coach talk to the player off the field about the infringement. The player may be replaced
<b>Misconduct – major offence<sup>6</sup></b>	Send the player off for the remainder of the match, the player may be replaced	Send the player off for the remainder of the match, the player may be replaced	Send the player off for the remainder of the match, the player may be replaced	Send the player off for the remainder of the match, the player may be replaced
<b>Goalkeeper walking into own goal with the ball</b>	Not applicable	A goal shall <b>NOT</b> be awarded	A goal shall <b>NOT</b> be awarded	A goal <b>SHALL</b> be awarded
<b>Referee<sup>7</sup></b>	Game Leader or Beginning Junior Referee	Instructing Referee	Instructing Referee	Instructing Referee
<b>Referee Fee</b>	\$10	U9 - \$12	U10 - \$14	U11 - \$16 / U12 - \$20

### Notes:

- Players Equipment:** A player taking the field of play should not wear anything that is dangerous to themselves or another player. This includes, but is not limited to, caps or hats with hard brims (other than goalkeepers), plaster or fibreglass casts and any jewellery (which must be removed, not taped). Medi-Alert bracelets must be taped if worn. Boots or training shoes and shinguards must be worn and the shinguards must be fully covered by socks.
- Goalkeepers:** Goalkeepers may not punt kick or drop kick the ball directly from their hands. In U10-U12 during open play attackers may challenge for the ball when the goalkeeper has placed the ball on the ground to kick it.
- Goalkeepers holding the ball for more than 6 seconds:** Goal keepers should be encouraged to release the ball early rather than being penalised.
- Free Kicks:** Indirect free kicks for offences occurring inside the penalty area (U9-U12) shall be taken from the nearest point on the front of the penalty area closest to where the offence occurred.
- Penalty Kicks:** These are awarded for any offence under Law 12 that would normally result in a direct free kick. Coaches should rotate penalty takers through their respective teams.
- Misconduct – major offence:** Referees should forward the report to their Referee Coordinator for distribution to the player's club. The player's club is to take any administrative action.
- Referees Role:** Referees introduce players to a slightly more formal approach but still adopt a Game Leader approach - fun, relaxed, explaining rules as required and allowing games to flow. For U7-U9 matches, referees are to be paid by the home club.